



THE SPA AND WELLNESS CENTER



Massage Therapy

Swedish Massage This technique gently manipulates your muscles, eases muscle aches and tension, increases flexibility and enhances circulation.

25 minutes \$55 55 minutes \$75
80 minutes \$105

Deep Tissue Massage Deep tissue body work is perfect for those experiencing muscular discomfort or chronic pain and stiffness. It results in increased circulation and muscular movement.

25 minutes \$65 55 minutes \$90
80 minutes \$120

Aromatherapy Massage Our special aromatherapy blends stimulate the olfactory system, our most immediate sensory contact with the memory. This therapeutic massage leads to a sense of wellness, balance and ease.

25 minutes \$60 55 minutes \$85
80 minutes \$115

Foot & Hand Treatment This stimulating treatment begins with a light brushing to the hands and feet followed by a sage infused hot towel wrap, a stimulating Swedish massage and moisturizing rosemary lotion. A sensory experience!

25 minutes \$60 55 minutes \$80

Body Treatments

Dry Brush Exfoliation This gentle yet thorough dry brushing, followed by an exotic spritz and moisturizing, leaves the skin softened and renewed.

25 minutes \$60

Essential Oils Face Wrap and Hand Massage The ultimate treatment for your face. Hot chamomile towel wraps are followed by a gentle cleansing and a facial massage. Experience the relaxation of an aromatherapy hand massage during this session.

55 minutes \$90

Sea Salt Body Scrub A special blend of sea salts and aromatherapy oils gently exfoliates dead skin cells leaving the skin toned, glowing and stimulated.

55 minutes \$80

Purifying Seaweed Wrap Beginning with a brief dry brushing, this organic seaweed wrap helps eliminate toxins and impurities while relaxing your muscles and softening your skin.

80 minutes \$120

Packages

Sea Salt Body Scrub with Aromatherapy Massage A gentle exfoliation prepares your skin to better receive the benefits of aromatherapy and massage for the ultimate in relaxation of body and mind.

80 minutes \$120

Purifying Seaweed Wrap with Aromatherapy Massage For the ultimate in detoxification and relaxation, this combination will leave you refreshed and balanced.

2 hours \$170

Dry Brush Exfoliation with Aromatherapy Massage Begin with a gentle dry brushing of the skin. Aromatherapy oils are massaged into the body for relaxation and rehydration.

80 minutes \$120

Deluxe Sea Spa Package A brief dry brush exfoliation followed by a detox seaweed wrap, aromatherapy mini-facial and indulgent aromatherapy massage. The pinnacle of pampering!

3 hours \$255

General Information

Reservations should be made in advance to ensure the availability of treatments.

Cancellations made less than 24 hours prior to treatments will be charged 50% of treatment price. No shows will be charged full price.

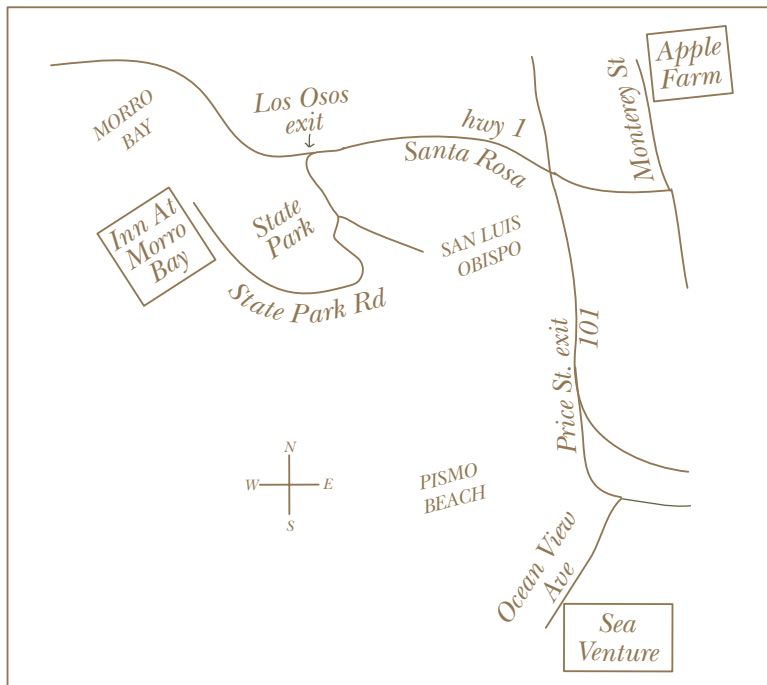
Gratuities are left to the discretion of individual guest.

Hours of Service are 9:00 am to 9:00 pm daily and may vary according to season.

Couples Massage and Body Therapy: Relax together sharing a massage or body treatment side by side in our treatment room. No additional charge, advance notice necessary. (Not available at the Apple Farm Inn.)

Information and Reservations

Apple Farm Inn 866-589-7770
Inn at Morro Bay 800-321-9566
SeaVenture Resort 866-589-7779



BOUTIQUE HOTEL COLLECTION

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